

Dr Paul Harnett

Associate Professor

School of Criminology and Criminal Justice

Member, Griffith Criminology Institute



Dr Paul Harnett has recently commenced as Associate Professor within the Griffith University's School of Criminology and Criminal Justice following 16 years at the University of Queensland. Paul remains an affiliate member of the UQ Poche Centre for Indigenous Health, and honorary Associate Professor in UQ's School of Psychology.

Together with Professor Sharon Dawe, Paul co-developed the Parents under Pressure (PuP) Program, an intensive family intervention program implemented in the homes of families on the cusp of intervention from child safety. Paul is closely aligned with Indigenous family organisations in Queensland and the Northern Territory. He has been a past member of the National Australian Psychological Society's Reconciliation Action Plan working group and the Australian Indigenous Psychology Education Project.

Paul holds a current Associate Membership at Oxford University's Department of Social Policy and intervention.

Education

- 2000 Doctor of Philosophy, Psychology, Griffith University
- 1985 Diploma Clinical Psychology, Auckland University
- 1984 Master of Arts (Psychology), Auckland University
- 1980 Bachelor of Arts (Psychology), Auckland University

Fields of Expertise

- Clinical and research experience in child psychology
- Parenting
- Child protection intervention
- Child protection decision making
- Implementation and evaluation of interventions

Leadership and Committee Memberships

- 2018 – 2019 Research Integrity Officer for School of Psychology, UQ
- 2016 – 2019 Chief examiner for School of Psychology, UQ
- 2016 – 2019 Member, Teaching and Learning Committee, School of Psychology, UQ
- 2008 – 2010 Director of the Psychology Clinic UQ

Professional Associations

- 2015-2019 Editorial Board for Child and Adolescent Mental Health
- 2016-2017 Member of the National APS Reconciliation Action Plan working group
- 2016-2017 Member of the Australian Indigenous Psychology Education Project working group
- 2010-2011 Secretary, APS College of Clinical Psychologists (Qld section)
- 2006-2008 Associate Editor of the Clinical Psychologist (Australian Psychological Society journal)
- 2006-2009 Website and Communications Director, National executive committee, APS College of Clinical Psychologists
- 2005-2010 Member Psychologists Board of Assessors
- 2002-2006 Chair, APS College of Clinical Psychologists (Qld section)

Selected Project Experience

- 2017- 2020 Improving wellbeing outcomes for children diagnosed with FASD and their families: Expanding existing services through enhancement of referral pathways, diagnostic capacity and provision of evidence-based models of care. Consortium Lead: S Dawe, Consortium Members M Zimmer Gembeck (GU) F O'Callaghan (GU), D Shelton (Qld Health) H Webster (Qld Health) G Featherston (Kummara Family Association) S Kruske (Institute for Urban Indigenous Health) P Harnett (UQ). Drug and Alcohol Program: Fetal Alcohol Spectrum Disorder (FASD) Diagnostic Services and Models of Care Grant Opportunity - H1617G038. \$1,379,245
- 2017 – 2020 Improving outcomes for children living with substance-dependent fathers: A feasibility study of the Parents Under Pressure programme. Whittaker, Elliot, Dawe, Harnett, Taylor, Kirk, Littlewood, Stoddart, National Institute of Health (NIHR): MRC Public Health Intervention Development Scheme (UK). £329,698
- 2015 A Study of Judgment and Decision-Making in Child Protection: Taking account of Context and Cultural Identities in Keeping Children Safe. Lynch, D., Healy, K., Gillingham, P., Tower, M., Harnett, P. UQ, HABS, Research Collaboration Seeding Grants. \$30,000.
- 2015 Mindfulness therapy for depression, anxiety, motor and cognitive dysfunction in Parkinson's disease. RBWH Research Grant. Dissanayaka, N., Byrne, G., O'Sullivan, J., Marsh, R., Pachana, N., Silburn, P., Mellick, G., Harnett, P. RBWH Research Grant. \$40,000.
- 2012 An evaluation of the efficacy of a parenting program to improve adherence to the prophylactic treatment of their children's haemophilia. Harnett, P. \$13,996.
- 2009 Enhancing mother/infant bonding through music. Baker, F., McKinlay, E., Harnett, P. \$30,000.
- 2009 Assessing and monitoring parental capacity-to-change in a child protection context. Harnett, P. Qld Department of Communities. \$50,000.
- 2007 Time for Grandparents Project. Harnett, P. Lifeline. \$120,000.

- 2006 A prospective study investigating factors related to foster placement stability and the developmental outcomes of foster children. Harnett, P. ARC Linkage Grant. \$265,000.
- 2005 Evaluation of PUP in Far West NSW. Harnett, P. NSW Health. \$42,000.
- 2004 Judgement and decision making processes in suicide assessment. Harnett, P. UQ Research Development Grant. \$5,000.
- 2003 Evaluation of PuP with a child protection sample. University Staff Startup Grant. \$11,000.
- 2003 Dissemination of PUP in NSW methadone clinics (Stage 1 & 2). Dawe, S. and Harnett, P. NSW Health. \$260,000.
- 2003 GP reporting of suspecting child abuse. Schweitzer, R and Harnett, P. Abused Child Trust. \$20,000

Selected Publications

Journal Articles

- Harnett, P. H.**, & Featherstone, G. (2020). The role of decision making in the over-representation of Aboriginal and Torres Strait Islander children in the Australian child protection system. *Children and Youth Services Review*, 113(April), 105019. <https://doi.org/10.1016/j.childyouth.2020.105019>
- Barlow, J., Sembi, S., Parsons, H., Kim, S., Petrou, S., **Harnett, P. H.**, & Dawe, S. (2019). A randomized controlled trial and economic evaluation of the Parents Under Pressure program for parents in substance abuse treatment. *Drug and Alcohol Dependence*, 194, 184–194. doi:10.1016/j.drugalcdep.2018.08.044
- Betts, J., Dawe, S., Eggins, E., Shelton, D., Till, H., **Harnett, P.**, & Chandler-Mather, N. (2019). Protocol : Interventions for improving executive functions in children with Fetal Alcohol Spectrum Disorder (FASD): systematic review and meta-analysis. *The Campbell Collaboration Library of Systematic Reviews*, March, 1-31. <https://doi.org/10.1002/cl2.1009>
- Hatzis, D., Dawe, S., **Harnett, P. H.**, & Loxton, N. (2019). An Investigation of the Impact of Childhood Trauma on Quality of Caregiving in High Risk Mothers: Does Maternal Substance Misuse Confer Additional Risk? *Child Psychiatry and Human Development*, 50(5):835-845. <https://doi.org/10.1007/s10578-019-00886-5>
- Papinczak, Z. E., Connor, J. P., **Harnett, P.H.**, Feeney, G. F. X., Young, R. McD., & Gullo, M. J. (2019). Testing the biosocial cognitive model of substance use in cannabis users referred to treatment. *Drug and Alcohol Dependence*, 194, 216-224. doi: 10.1016/j.drugalcdep.2018.09.032
- Reid, N., **Harnett, P.**, O'Callaghan, F., Shelton, D., Wyllie, M., & Dawe, S. (2019). Physiological self-regulation and mindfulness in children with a diagnosis of fetal alcohol spectrum disorder. *Developmental Neurorehabilitation*, 22(4), 228-233. doi:10.1080/17518423.2018.1461948
- Armstrong, E., Eggins, E., Reid., N., **Harnett, P.H.**, Dawe, S. (2018). Parenting interventions for incarcerated parents to improve parenting knowledge and skills, parent well-being and quality of parent-child relationship: A systematic review and meta- analysis. *Journal of Experimental Criminology*, 14, 279-317. doi: 10.1007/s11292-017-9290-6
- Harnett, P. H.**, Barlow, J., Coe, C., Newbold, C., & Dawe, S. (2018). Assessing capacity to change in high-risk pregnant women: a pilot study. *Child Abuse Review*, 27, 72-84. doi:10.1002/car.2491

- Papinczak, Z. E., Connor, J. P., **Harnett, P.**, & Gullo, M. J. (2018). A biosocial cognitive model of cannabis use in emerging adulthood. *Addictive Behaviors*, 76, 229-235. doi:10.1016/j.addbeh.2017.08.011
- Gillingham, P., **Harnett, P. H.**, Healy, K., Lynch, D., & Tower, M. (2017). Decision making in child and family welfare: the role of tools and practice frameworks. *Children Australia*, 42, 49-56. doi:10.1017/cha.2016.51
- Hatzis, D., Dawe, S., **Harnett, P. H.**, & Barlow, J. (2017). Quality of caregiving in mothers with illicit substance use: a systematic review and meta-analysis. *Substance Abuse: Research and Treatment*, 11, 1-15. doi:10.1177/1178221817694038
- Reid, N., Dawe, S., **Harnett, P.**, Shelton, D., Hutton, L., & O'Callaghan, F. (2017). Feasibility study of a family-focused intervention to improve outcomes for children with FASD. *Research in Developmental Disabilities*, 67, 34-46. doi:10.1016/j.ridd.2017.06.004
- Barlow, J., Dawe, S., Coe, C., & **Harnett, P. H.** (2016). An evidence-based, pre- birth assessment pathway for vulnerable, pregnant women. *British Journal of Social Work*. 46, 960-973. doi:10.1093/bjsw/bcu150
- Dissanayaka, N. N. W., Idu Jion, F., Pachana, N. A., O'Sullivan, J. D., Marsh, R., Byrne, G. J., & **Harnett, P.** (2016). Mindfulness for Motor and Nonmotor Dysfunctions in Parkinson's Disease. *Parkinson's Disease*, 2016, 1-13. doi:10.1155/2016/7109052
- Harnett, P. H.**, Reid, N., Loxton, N. J., & Lee, N. (2016). The relationship between trait mindfulness, personality and psychological distress: A revised reinforcement sensitivity theory perspective. *Personality and Individual Differences*, 99, 100-105. doi:10.1016/j.paid.2016.04.085
- Pepping, C., Dawe, S., & **Harnett, P. H.** (2016). Using the Assessment Framework to measure parental mood: An investigation of the reliability of the Adult Well-Being Scale. *Child and Family Social Work*. 21, 44-45. doi: 10.1111/cfs.12108
- Razmjoei, M., **Harnett, P. H.**, & Shahaeian, A. (2016). Language development mediates the relationship between gender and relational aggression: A study of Iranian preschool children. *Australian Journal of Psychology*, 68(4), 312-318. doi:10.1111/ajpy.12109
- Dalziel, K., Dawe, S., **Harnett, P. H.**, & Segal, L. (2015). Cost-effectiveness analysis of the Parents Under Pressure program for methadone-maintained parents. *Child Abuse Review*. 24, 317-331. doi:10.1002/car.2371
- Reid, N., Dawe, S., Shelton, D., **Harnett, P.**, Warner, J., Armstrong, E., LeGros, K., & O'Callaghan, F. (2015). Systematic review of Fetal Alcohol Spectrum Disorder interventions across the lifespan. *Alcoholism: Clinical and Experimental Research*. 39, 2283-2295. doi:10.1111/acer.12903
- Harnett, Paul H.**, Dawe, Sharon, & Russell, Melissa. (2014). An investigation of the needs of grandparents who are raising grandchildren. *Child and Family Social Work*, doi: 10.1111/cfs.12036.
- Harnett, Paul H.**, Dawe, Sharon, & Russell, Melissa. (2014). An investigation of the needs of grandparents who are raising grandchildren. *Child and Family Social Work*, doi: 10.1111/cfs.12036.
- Harnett, P. H.**, Lynch, S. J., Gullo, M. J., Dawe, S., & Loxton, N. (2013). Personality, cognition and hazardous drinking: Support for the 2-Component Approach to Reinforcing Substances Model. *Addictive Behaviors*, 38(12), 2945-2948. doi: 10.1016/j.addbeh.2013.08.017
- Jackson, C. J., Loxton, N. J., **Harnett, P. H.**, Ciarrochi, J., & Gullo, M. J. (2014). Original and revised reinforcement sensitivity theory in the prediction of executive functioning: A test of relationships between dual systems. *Personality and Individual Differences*, 56, 83-88. doi: 10.1016/j.paid.2013.08.024

Barlow, J., Sembi, S., Gardner, F., Macdonald, G., Petrou, S., Parsons, H., **Harnett, P.H.**, & Dawe, S. (2013). An evaluation of the parents under pressure programme: a study protocol for an RCT into its clinical and cost effectiveness. *Trials*, 14, 210. doi: 10.1186/1745-6215-14-210

Harnett, P. H., Loxton, N. J., & Jackson, C. J. (2013). Revised Reinforcement Sensitivity Theory: Implications for psychopathology and psychological health. *Personality and Individual Differences*, 54(3), 432-437. doi: 10.1016/j.paid.2012.10.019

Harnett, P.H. & Dawe, S. (2012). The contribution of mindfulness-based therapies for children and families and a proposed conceptual integration. *Child and Adolescent Mental Health*. doi:10.1111/j.1475-3588.2011.00643.x

Day, C., Kowalenko, S., Ellis, M., Dawe, S., **Harnett, P. H.**, & Scott, S. (2011). The Helping Families Programme: A New Parenting Intervention for Children with Severe and Persistent Conduct Problems. *Child and Adolescent Mental Health*. 16(3), 167-171. doi:10.1111/j.1475-3588.2010.00588.x

Shokoohi-Yekta, M., **Harnett, P.**, Parand, A., & Shahaeian, A. (2011). The short-term impact of a problem-solving skills programme for Iranian parents. *Clinical Psychologist*, 15(2), 85-89. doi: 10.1111/j.1742-9552.2011.00027.x

Harnett, P. H., O'Donovan, A., & Lambert, M. (2010). The dose response relationship in psychotherapy: Implications for social policy. *Clinical Psychologist*, 14(2), 39-44. doi: 10.1080/13284207.2010.500309

Harnett, P. H., Whittingham, K., Puhakka, E., Hodges, J., Spry, C., & Dob, R. (2010). The short-term impact of a brief group-based mindfulness therapy program on depression and life satisfaction. *Mindfulness*, 1(3), 183-188. doi: 10.1007/s12671-010-0024-3

Harnett, P. H., Whittingham, K., Puhakka, E., Hodges, J., Spry, C., & Dob, R. (2010). The short-term impact of a brief group-based mindfulness therapy program on depression and life satisfaction. *Mindfulness*, 1(3), 183-188. doi: 10.1007/s12671-010-0024-3

Harnett, P. H., & Dawe, S. (2008). Reducing Child Abuse Potential in Families Identified by Social Services: Implications for Assessment and Treatment. *Brief Treatment and Crisis Intervention*, 8, 226-235.

Harnett, P. H., & Dawe, S. (2008). Influencing multiple systems: The implications of the social determinants model of health for psychological interventions targeting multi-problem families. *Clinical Psychologist*, 12, 77-78.

Harnett, P. H., & Day, C. (2008). Developing pathways to assist parents exit the child protection system in Australia. *Clinical Psychologist*, 12, 79-85.

Harnett, P. H. (2007). A procedure for assessing parents capacity for change in child protection cases. *Children and Youth Services Review*, 29(9), 1179-1188.

Dawe, S., & **Harnett, P. H.** (2007). Reducing potential for child abuse among methadone-maintained parents: Results from a randomized controlled trial. *Journal of Substance Abuse Treatment*, 32(4), 381-390.

Schweitzer, R., Buckley, L., **Harnett, P. H.**, & Loxton, N. (2006). Predictors of failure to report suspected abuse by medical practitioners. *Australia Medical Review*, 30 (3), 298-304.

Harnett, P. H., Loxton, N., Saddler, T., Hides, L., & Baldwin, A. (2005). The health of the nation outcome scales for children and adolescents (Honosca) in an adolescent in-patient sample. *Australian and New Zealand Journal of Psychiatry*, 39(3), 129-135.

Harnett, P. H., & Dadds, M. R. (2004). Training school personnel to implement a universal school-based prevention of depression program under real-world conditions. *Journal of School Psychology*, 42(5), 343-357. (2003 Impact Factor: 1.2)

Dawe, S., **Harnett, P. H.**, Rendalls, V., & Staiger, P. (2003). Improving family functioning and child outcome in methadone maintained families: The Parents Under Pressure Program. *Drug and Alcohol Review*, 22, 299-307. doi: 10.1080/0959523031000154445

Harnett, Paul H. (2003). Assessing mental health across cultures. *Clinical Psychologist*, 7(2), 131-132.

Shochet, Ian M; Dadds, Mark R; Holland, Denise; Whitefield, Kathy; **Harnett, Paul H**; Osgarby, Susan M. (2001). The efficacy of a universal school-based program to prevent adolescent depression. *Journal of Clinical Child Psychology*. 30(3) 303-315.

Dawe, Sharon; **Harnett, Paul H**; Staiger, Petra; Dadds, Mark R. (2000). Parent training skills and methadone maintenance: clinical opportunities and challenges. *Drug and Alcohol Dependence*. 60(1).

Tranah, Troy; **Harnett, Paul**; Yule, William. (1998). Conduct disorder and personality. *Personality and Individual Differences*. 24.(6), 741-745.

Harnett, Paul H. (1995). The contribution of clinical psychologists to family law proceedings in England. *Journal of Forensic Psychiatry*, 6(1), 173-183.

Harnett, Paul H and Misch, Peter. (1993). Developmental issues in the assessment and treatment of adolescent perpetrators of sexual abuse. *Journal of Adolescence*, 16(4), 397-405.

Harnett, Paul; McCarthy, Dianne; Davison, Michael. (1984). Delayed signal detection, differential reinforcement, and short-term memory in the pigeon. *Journal of the Experimental Analysis of Behavior*, 42(1), 87-111.

Book Chapters

Dawe, S., & **Harnett, P. H.** (2013). Working with parents with substance misuse problems: A Parents Under Pressure perspective. In F. Arney & D. Scott (Eds.), *Working With Vulnerable Families: A Partnership Approach.*: Cambridge University Press.

Gerada, C., Dawe, S., Vogel, A., & **Harnett, P. H.** (2013). Women and drug use. In C. Gerada (Ed.), *The Management of Substance Misuse in Primary Care*. London: Royal College of General Practitioners.

Harnett, P. H., Dawe, S., & Gerada, C. (2013). Parenting and drug use. In C. Gerada (Ed.), *The Management of Substance Misuse in Primary Care*. London: Royal College of General Practitioners.

Harnett, P. H., & Dawe, S. (2004). An overview of research methodology in the development of family focused treatment programs. In The Commission for Children and Young People - Queensland (Ed.), *The challenge of understanding fatherhood today: A book of readings for practitioners*. Brisbane: ACER Press.

Reports and manuals

Thompson, Jennifer, Bronsch, Dulcie, Frye, Sally, & **Harnett, P.H.** (2011). Jar-jum Nim-bul-ima 'Children Return': Indigenous Time for Grandparents Facilitator's Guide. Brisbane: Seniors Enquiry Line.

Frye, S., Dawe, S., **Harnett, P.H.**, Kowalenko, S., & Harlen, M. (2008). Supporting families: Investigating support options for family members of young people with problematic drug use. Australian National Council on Drugs, Canberra. ISBN 9781877018183.
http://www.ancd.org.au/images/PDF/Researchpapers/rp15_supporting_families.pdf

Dawe, S., **Harnett, P.**, & Frye, S. (2008). Improving outcomes for children living in families with parental substance misuse: What do we know and what should we do. National Child Protection Clearing House Issues Paper 29, Australian Institute of Family Studies. ISBN 978 0 642 39564 1. <http://www.aifs.gov.au/nch/pubs/issues/issues29/issues29.html>

Harnett, Paul H., & Dawe, Sharon. (2010). The Parents Under Pressure Group Program: Therapist's Manual. Brisbane: Griffith University.

Harnett, P. H. (2010). The C2C Assessment Framework Training Manual.

Harnett, P. H., Frye, S., & Wood, A. (2008). Time for grandparents program: Facilitator's guide. Brisbane: Seniors Enquiry Line.

Harnett, P. H., Frye, S., & Wood, A. (2008). Grandma, you make me want to touch the sky! Help for grandparents raising grandchildren. Brisbane: Seniors Enquiry Line.

Dawe, S., Frye, S., Best, D., Lynch, M., Atkinson, J., Evans, C., **Harnett, P.H.** (2007). Drug Use in the Family: Impacts and Implications for children. Australian National Council on Drugs, http://www.ancd.org.au/publications/pdf/rp13_drug_use_in_family.pdf

Harnett, Paul H., Dawe, Sharon, & Rendalls, Vanessa. (2005). The Parents Under Pressure Program: Therapist's Manual. Brisbane: Griffith University.

Harnett, Paul H., Dawe, Sharon, & Rendalls, Vanessa. (2004). An innovative approach to assessment and intervention to enhance family functioning with families involved in child protection agencies. National Child Protection Clearinghouse Newsletter, 12(1), 9-13.

Referees

Upon request